



LUNCH MENU

SOUPS

TOMATO BASIL 5
ASK ABOUT OUR SOUP
OF THE DAY!

SMALL PLATES

Bacon on Bacon  14

Smoked Pork Belly/home-made BBQ/apple butter/Applewood smoked bacon/pickled vegetables/ apple slices

Fire Roasted Garlic Rollups ✓ 12

Topped with parmesan/ served with marinara sauce

Spicy Fries ✓ 10

Fried Jalapeno/Spicy Seasoning/bistro sauce

Insalata Caprese ✓  13

fresh Mozzarella/ tomatoes/ basil/EVOO/ balsamic reduction/pesto/seasoned salt / (no lettuce included)

SALADS

Dressing Options:

Ranch, Balsamic, Blue Cheese, Orange Tarragon Vinaigrette

Extra Dressing **\$0.85**

Additions:

grilled chicken **9** salmon **14** prosciutto **9**
colossal shrimp 4pc **12**

Vegetarian Salad ✓ 13

Arugula, Roma tomatoes, cucumber, red onions, romaine lettuce, oregano, green olives, EVOO

Caesar Salad 11

Romaine/ Caesar dressing/ Parmigiano-Reggiano/ garlic crostini

Beef Tip Salad* 15

Beef tips/mixed greens/red onion/cucumber/ tomato/cranberry/blue cheese/walnuts

Luca Salad 15

A traditional Italian salad; no lettuce included: 4oz ball of fresh mozzarella/ black olives/ Roma tomatoes/ oregano/ fresh basil/ prosciutto crudo/ EVOO

BURGERS & SANDWICHES

Served with fries

Triple B Burger*  15

angus beef/bacon/blueberry chutney/bleu cheese/pickle/lettuce/tomato

Pimento Cheeseburger* 15

Angus beef/home-made pimento cheese/ lettuce/ tomato/pickle/mayo

Quinoa Bean Burger ✓ 13

Home-made quinoa and bean patty/pickled vegetables/cheddar cheese/ mayo

Chicken Avocado Sandwich 14

Grilled Chicken breast/ lettuce/tomato/onion /mayo/fresh avocado/ served on burger bun

PANINI STRADA

Add Fries: 4

Add Tomato Soup: 5

Add Soup of the day: MP

Add Salad: 5

Panini Strada: an Italian street sandwich made from house-made rosemary pan bread cut in half and stuffed with the sandwich ingredients.

Served hot or cold

Turkey Panini Strada 13

turkey/fontina cheese/ fresh tomato/ oregano/ EVOO

Meatball Panini Strada 14

large house-made meatballs/ marinara sauce / mozzarella cheese

Caprese Panini Strada ✓ 13

Pesto/ tomato/ fresh mozzarella/ balsamic/ fresh arugula / EVOO

Prosciutto Panini Strada 14

prosciutto crudo/ tomato / fresh mozzarella / house-made pesto/ fresh arugula / EVOO

Mortadella Panini Strada 14

traditional Italian pistachio mortadella / gruyere / tomato / fresh mozzarella / oregano / EVOO

 **FFK Favorites**

✓ **Vegetarian**



"Roanoke's Famous"
**WOOD-FIRED
PIZZA**

House-made, hand-tossed dough
cooked in our Wood-fired oven

MARGHERITA PIZZA NUOVA ✓	18
Fresh Roma tomato reduction/ fresh mozzarella/ drizzle of fresh basil reduction/ EVOO	
RUBEN'S PIZZA ✓	18
Fresh mozzarella/ricotta cheese/ fresh arugula/ Parmigiano-Reggiano	
ROASTED SEASONAL VEGGIE PIZZA ✓	18
Tomato sauce/ roasted seasonal veggies/ mozzarella blend/ oregano/ balsamic reduction	
BUFFALO CHICKEN PIZZA	20
Grilled buffalo chicken/ mozzarella blend/ ranch	
MEAT LOVER'S PIZZA	22
Tomato sauce/ mozzarella blend/ pepperoni/ sausage/ ham/ bacon	
SOPRESSATA PIZZA	20
Tomato sauce/fresh mozzarella/Italian sopressata/black olives	
BISON SMOKED SAUSAGE PIZZA	22
Tomato sauce/mozzarella blend/ bison smoked sausage/ tomato/ roasted red pepper/ red onion/spinach	
ROSALIND'S PIZZA ✓	22
Parmigiano-Reggiano/mozzarella blend/red onions/ pistachios/ fresh rosemary	
PROSCIUTTO & ARUGULA PIZZA	22
Tomato sauce/ mozzarella/ prosciutto/ arugula/ Parmigiano-Reggiano/ cracked black pepper	
SMART GUY PIZZA	22
Fresh mozzarella/ wood roasted onions/fennel sausage / mozzarella blend	

-MAKE ANY OF THE ABOVE PIZZAS INTO A 10" GLUTEN-FREE +\$3

✓ Vegetarian